

# Schools actively participate in the programme "School Milk and Fruit"

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RSS has summarized information about educational institutions participating in the programme of school year 2022/2023. It's positive that programme promotes involvement and gathers an increasing number of participants in different regions of Latvia. This year, the number of children who will consume milk, healthy fruits and vegetables in their diet is higher than last year - a total of 277 049 schoolchildren and kindergarten students.

In 1 317 kindergartens and schools children will drink milk, but in 1 229 educational institutions in Latvia will be available free fruits and vegetables. Three times a week, fresh fruits (apples, pears, cranberries), vegetables (carrots, cabbage) or an assortment of these products, as well as pasteurized milk without additives, will be delivered to all programme participants.

List of participating institutions of this year is published on the [website](#) of programme "School Milk and Fruit". If you are not a member of the programme yet, we initiate you to contact school administration and encourage them to apply for participation next year.

Note that this year the programme includes various interesting and exciting activities for preschool students and children in grades 1 - 9. Actual information and news can be viewed at [www.piensaugliskolai.lv](http://www.piensaugliskolai.lv).

<https://www.lad.gov.lv/en/article/schools-actively-participate-programme-school-milk-and-fruit>